

Katie Babcock

1st Grade

Balloon Bop

Standards: PED-1.5.2 Demonstrate respect for self and others

PED-1.5.1 Apply rules and procedures in class

Objectives: Students will demonstrate their ability to respect themselves as well as their peers

Learning Activities:

- Students will warm up by doing laps around the gym (run, skip, gallop, run)
- All students will then go to the middle of the gym and listen for directions
- We will be playing a game called Balloon Bop
 - The object of the game is to keep the balloon from hitting the ground
 - The students will work as a team to keep the balloon in the air
 - The students will be given a number and they will go to the designated spot for that number
 - One person in each group will be responsible for getting a balloon for your group
 - Group members that have the balloon will throw the balloon into the air
 - All students in group will hold hands
 - Students will work as a team to keep the balloon in the air
 - The students will shift their feet to move the group to where the balloon is
- Rules:
 - Hands only
 - Students will only use their hands. Students will not be allowed to use their head or feet. If they use their head, there is a chance they could get hit in the face or hit heads with another student. If they use their feet, there is a chance they could kick their peers.
- Demonstrate:
- Katie B, Katie R, Miss Duursma and 3 students will demonstrate how to play the game. We will demonstrate the correct way, the incorrect way and then the correct way again.
- Teacher will ask if there are any questions and then answer all of the questions.
- Teacher will number off the students 1-6 and they will play with that group for 5 minutes. Groups will then join with another group and play again for 5 minutes. (Group 1,2 together, 3,4 and 5,6. Teacher will then put the students in groups of three for 5 minutes. For the last 5 minutes of gym, students will get free time to be able to choose how they want to play with the balloon. The object is to still keep the balloon in the air.
- Bring all of the students back into the middle of the gym and ask them what was the easiest and hardest thing about this activity. What part of the activity did they enjoy the most? Would they like to do this activity in class again?

Assessment: I will observe how the students interact with their peers. I will observe if the students followed the rules that were taught at the beginning of the activity.

Reflection:

I took the lead on this lesson for both classes. We started both classes the same. We had them do the warm up and then meet in the middle of the gym for instructions. The kids saw the balloons and were really eager to see what game we were going to play. I used a technique that Mr. Frase has used during his class and I chose kids that were difficult or I knew would not pay attention to help me demonstrate the activity. I thought that this technique worked really well because it seemed like the student almost took a leadership position when they were in their groups. I was really pleased with how this lesson overall lesson turned out, but 30 minutes isn't really a lot of time. I was not sure how long it would take the students to get the hang of the game or if they would get bored easily. The students never got bored. We started with the smaller groups and worked our way to larger groups. When we talked with the students at the end, they said the smaller groups were more fun. In large groups, they really had to communicate to keep the balloon from hitting the ground and it seemed like the same kids were hitting the balloon. In the smaller groups, everyone had more of an equal chance to hit the balloon. Near the end of the class, we started to add balloons to the groups while they were playing with their first balloon. This seemed to really get them excited. I was impressed by the teamwork and the language the students were using with each other. Some of the really competitive students were giving techniques on how to move to move the whole group to keep the balloon up. I think you could do balloon activities with all grades for two weeks. 30 minutes, twice a week really isn't that much time to try and incorporate everything we wanted to do. I think it would be fun to add teamwork relay races with the balloons.